

# VIRGINIA'S PLAN FOR WELL-BEING 2018 UPDATE

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State Health Commissioner  
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## FOUNDATIONAL CONCEPTS OF THE PLAN


Health is wealth - our economy in Virginia depends on the health of the population

The Plan for Well-Being is built upon a community infrastructure model of health improvement - as opposed to a strictly medical model

Sustainable improvement requires simultaneously:

- dealing with the burden of disease and
- breaking the cycle of debilitating disease

A community infrastructure model, including an aligned focus and outcome metrics, has a higher likelihood of bending the health care cost curve



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## IMPROVING MEASURES

- Cost burdened households
- Ongoing collaborative community health planning process
- Teen pregnancies (15-19 years)
- Children who do not meet PALS-K Benchmark/Kindergarten
- Infant mortality of black infants
- Adults participating in any physical activity in the past 30 days
- Food insecure households
- Healthcare providers with certified Electronic Health Record
- Entities connected through Health Information Exchange in VA
- Hospitals meeting state goal for prevention of HAI

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## MEASURES WITH LITTLE OR NO CHANGE

- Adults overweight or obese
- Tobacco use
- HPV girls
- HPV boys
- High school graduation
- Third graders passing SOL for reading
- Adults receiving annual flu vaccine
- Adults (50-75 years) receiving colorectal cancer screening
- Adults with a regular healthcare provider

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# AIM 1


## HEALTHY, CONNECTED COMMUNITIES

**District-Level Interventions**

- Central Virginia – Lynchburg Community Health Collaborative
- Portsmouth – Community Gardens, Access to Healthy Food
- Prince William – Community Connection Breakfasts
- Roanoke – Community Impact Committee

**State-Level Intervention**

Youth Health Equity Leadership Institute (YHELI) Initiative  
 Strategic Objective: *Students will graduate with a regular diploma four years after starting 9th grade.*



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# AIM 2


## STRONG START FOR CHILDREN

**District-Level Interventions**

- Hampton – Addressing behavior and parenting issues in families and young children
- Henrico – Greater Richmond Coalition for Healthy Children
- Lenowisco – Healthy Starts for Children
- Norfolk – Healthy Homes, Healthy Children

**State-Level Intervention**

Virginia Neonatal Perinatal Collaborative (VNPC)  
 Strategic Objective: *To ensure that every mother has the best possible perinatal care and every infant cared for in Virginia has the best possible start to life.*



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## AIM 3

### PREVENTIVE ACTIONS


**District-Level Interventions**

- Central Virginia (Lynchburg) – Coalition for HIV Awareness and Prevention
- Mount Rogers – Washington County Prevention Coalition
- Peninsula – Road to Health: Diabetes Prevention; Chronic Disease Prevention

**State-Level Intervention**

Virginia Stroke Care Quality Improvement Advisory Group

Strategic Objective: *To advise on statewide stroke care quality improvement initiatives in the Commonwealth to prevent stroke and improve health outcomes after stroke.*



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## AIM 4

### SYSTEM OF HEALTH CARE


**District-Level Interventions**

- Alexandria – Alexandria Opioid Work Group
- Crater – Electronic Health Record adoption with Pathways Free Clinic
- Prince William – County Infection Control Committee
- Roanoke – Roanoke Valley Refugee Mental Health Council
- Virginia Beach – Coastal Virginia Infection Prevention and Epidemiology Committee

**State-Level Intervention**

ED Care Coordination Program through ConnectVirginia HIE, Inc.

Strategic Objective: *To allow health care providers in the emergency department, care coordinators, etc., to receive real-time information about a patient.*



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## 2020 STATE HEALTH ASSESSMENT

- In process – will leverage data from the MCH-Title V Needs Assessment
- **Timeline**
  - December 2018 – Population domain briefs (prioritized quantitative data)
  - July 2019 – Complete qualitative data collection with key populations, and policy and systems environmental scan
  - December 2019 – Stakeholder data review and prioritization; final assessment report ready for dissemination
- Partnerships for a Healthy Virginia Coalition – multi-sectoral coalition organized by VDH and VHHA

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## 2020-2024 PLAN FOR WELL-BEING

- Stakeholder group review of data to determine health improvement priorities as part of the next iteration of Virginia's Plan for Well-Being
- Writing and producing data visualizations and reports
- Agreement on measures for monitoring and evaluation
- Goals, objectives, and strategies to be implemented (and by whom)
- Collective impact and alignment among cross-sector partners
- Focus on policy, system and environmental change strategies

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**Well-Being**

System of Health Care      Preventive Actions

**Strong Start for Children**

Healthy, Connected Communities

[www.virginiawellbeing.com](http://www.virginiawellbeing.com)

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